

S P E A K E R

inspiration for your next conference or event

review



What is Your
Marathon?

The Future of
YOUR LEGACY

FIND YOUR PURPOSE

The new Science to
achieve success

TRENT MORROW
Keynote Speaker & Brand Ambassador

Be your own Superhero



Hi there,

Following on from going where no person has gone before in establishing a new milestone achieving the World Record Holder for the most marathons in 1 year, it is an immense privilege to share the adventures and the learnings that helped achieve the world class results.

The adventures from around the globe will connect, motivate and challenge each person to be their very best to achieve in all areas of life, with practical workshops to inspire and encourage individuals and teams from the classroom to the boardroom.

I look forward to the opportunity to get to know you and your audience to help create something magic, memorable and unique for your event.

Trent Morrow

ABOUT TRENT

WORLD RECORD HOLDER

Trent is the World Record Holder for "the most marathons across 7 continents in 1 year" completing a remarkable 160 official marathons across 7 continents in one year. The mission continues with an average of close to a marathon a week run since 2008.

ENERGETIC & ENTERTAINING

Trent takes pride in ensuring a unique and inspirational experience with the ability to combine strong and current content with a fast-paced and highly entertaining delivery.

MEANINGFUL, CUSTOMIZED CONTENT

With a extensive background in leading sales and marketing roles, Trent is more than just an outstanding speaker. He knows how to deliver ideas that energize and motivate audiences into action.

EASY TO WORK WITH

Trent not only creates powerful connections with audiences, but also works closely with his clients before and after the event.



Join the Team -

TeamMarathonMan.com



Trent
Marathon
Man



The
Marathon
Man



Marathon Man
TV

Trent Morrow is a leading figure in the sporting world inspiring others with results.

His against the odds story will inspire with the amazing physical, logistical and psychological learning's taken from the long road easily applied to the work place, classroom, sports field and the boardroom.

The phenomenal journey to achieve world-class results is achievable for everyone to design and achieve their own goals.

The formula is unlocked to provide each person with strategies to consistently perform at their best and work together to develop a leading team environment to achieve results while enjoying the journey to be the first across the line each time.



"Great session and valuable story that will benefit any company."



INSPIRING LEADERSHIP: Strategies to transform your professional and personal life

Trent has the proven performance of turning passions into results and has successfully done it himself several times experiencing the highs and lows. In this unique personal insight designed specifically to inspire and reveal the secrets to success without losing your way.

Peppered with his own story of adversity, triumph and inspiration, this presentation goes beyond a motivational pep talk and outlines a plan to build the life of your dreams and enjoy every minute of it.

Trent shares his short-cut to success, proven strategies for jumpstarting your role in business and in life and shows how we can get in touch with our inner Super Hero more often.

Inspiration at its best!



TAKE-AWAY MESSAGES

- How to survive, adapt and win on the long lonely road when faced with continued challenges
- The importance of surrounding yourself with the very best people
- Discover the ability to embrace a positive outlook
- Follow your passions and dreams to find the reason that empowers you

KEY THEMES

- Power of Finding Your Purpose
- Overcome setbacks & failures
- Logistics & Time Management
- Discover & Maintain Motivation
- Circle of Influence

PERFECT PRESENTATION FOR

- Sales and Marketing teams
- Business & Franchise Owners
- Schools, Colleges, Universities
- Sports teams, Government
- Senior Management

"Trent is a real asset to everyone he has worked for or with"



TURNING ORDINARY *into extraordinary*

TAKE-AWAY MESSAGES

- Leading strategies to achieve unlimited success
- Why taking action to get it done is better than waiting for it to be perfect
- How to recognise and nurture your inner Super Hero
- Real impact of fitness, nutrition and health on personal and professional wellbeing
- The power of creating a "Super" brand following - both online and offline

KEY THEMES

- Creating Belief & Confidence
- Setting Real Achievable Goals
- Fitness, Health & Nutrition
- Art of a Focused Mindset
- Future success strategies
- Relationships
- Fundraising

PERFECT PRESENTATION FOR

- Business Owners, Industry Groups
- Corporate Meetings, Senior Management
- Conferences
- Gala Events

Trent delivers a vibrant, energetic and humorous presentation with a true appreciation and understanding of day to day demands. Following more than 20 years sales and marketing experience rising to Senior Management positions across small, medium and large organizations in the pharmaceuticals and consumer products sector.

The inclusion of powerful research, insights and data, infused with relationship anecdotes and social commentary is cutting edge. The result provides a unique perspective that packs a punch in content and take-away strategies with serious entertainment value.

Trent's world leading approach enables his message to resonate and elicit specific measurable results with tailored keynote topics and workshop options you can mix and match to suit your themes and objectives.



"Trent Morrow is simply a unique positive, inspirational force in a world that needs more of him than we'll likely ever have!"

Trent Morrow Is "Marathon Man"



MARATHON MAN: Build the business and life of your dreams

TESTIMONIALS

"Trent was booked for the Vision Personal Training Franchise Conference in 2014 to provide an inside look into what it takes to set huge big audacious hairy goals, devise a plan and stick to it through pain and testing times. The lessons he taught the franchise owners were valuable to them personally, to grow their business, to develop their teams and to understand how to help members achieve their unthinkable goals as well. Great session and valuable story to any company." Amanda Bracks CEO Bracks Consulting

"I know Trent as a uniquely inspirational person and outstanding role model. I have no doubt that marathon events and youth running programs around the United States already have and can continue to benefit from hearing his inspiring story. Like Trent himself, the presentations he offers are unique and special, because Trent is such an extraordinary human being." Cliff Sperber, New York Road Runners Vice President

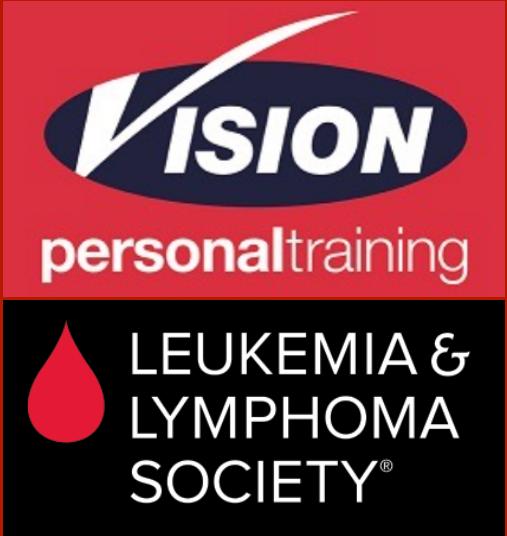
"It was an honor to have Trent Morrow return to The Boston Marathon in 2015 and share this inspirational journey with the media to help promote the event on the world stage. Trent continues to offer an immense contribution to the running community across the United States and around the world helping to promote the benefits of health and fitness. Trent Morrow is an asset to The Boston Marathon, the City of Boston and the United States of America." Dave McGillivray Boston Marathon Race Director

"Trent took his time to speak with everyone at the race expo and take pictures with them. He gives of his time freely. He went about this dream on a leap of faith. I think that is a lot what America is about of the past immigrants, that willing to just go and take a chance. He is clearly a leader and a great motivational speaker." Barbara Oravetz, Bali Marathon Race Director 2012



"Trent motivated us all to be more than we are."

Speaking clients have included:



National & International Media:



"Trent Morrow is an inspiration to us all."



APPEARANCE FEES

These fees are inclusive of value-adds such as group training sessions, training program and follow-up.

Keynote - up to 90 minutes \$2,500

Keynote plus workshop (same day) \$4,000

International Keynote plus workshop \$6,000

* Please note fees are in US\$.

TRAVEL

Travel is ex - Columbia, SC.

Full Fare Economy flights under 5 hours.

Business Class flights requested on flights over 5 hours.

Phone: +1.310-307-9008 Email: trent@marathonman.com.au

